

## “Navigating Your Journey” Course Overview

- The course was designed to improve retention and completion rates for participants funded through tuition assistance programs.
- The course is professionally challenging where personal responsibility rules the environment.
- The course was implemented across several different community colleges in Iowa. NYJ is easily modified to meet specific audiences and increase retention/completion rates for participants.

# Facilitation VS Instruction

### The Details:

Class is 17.5 hours at 3.5 hours/5 days  
Missing any amount of class requires students to start over  
The class is lead (ideally) by 2 facilitators and taught by students  
Students are held responsible for inappropriate interactions, not completing homework or failure to participate  
The class utilizes heavy group work and facilitation aides (flipcharts, sticky notes, audio/visual resources, energizers, workbooks, journals)

### The goals of this course are to:

- Create relationships with personnel and other adult students/clients
- Build self-confidence by succeeding in an educational environment
- Understand that individual choices drive life consequences
- Learn to think critically, consider and problem solve with facilitation guidance
- Identify personal and professional behaviors that lead to & maintain success
- Dream about what personal success could be
- Identify an action plan to achieve the dream
- Identify the certification program (personal plan) that best fits the individual

### Four Principals of Successful Engagement:

Did You Show Up?  
Were You on Time?  
Did You Participate?  
Did You Complete Your Homework?

### Self-discovery

Give students/clients a space to determine the path of their success. The answers they give will be impactful, memorable, and valuable to them.



## Navigating Your Journey Success Rubric

<b>Student Name:</b>						
<b>Dates of Journeys Series:</b>						
Metric	How Measured?	Day 1	Day 2	Day 3	Day 4	Day 5
<b>Attend every day</b>	1 = Attended 0 = Did not attend					
<b>On time at start and after breaks</b>	1 = On time 0 = Tardy 5 min or more					
<b>Active participation</b>	1 = Participating in discussions, activities 0 = Little or no participation					
<b>Homework completed</b>	1 = Homework done 0 = Homework not done					
<b>Gets along with peers</b>	1 = Communicated well with peers, resolved issues appropriately, respectful 0 = Unable to get along with peers, communicate well or be respectful					
<b>Follow ground rules</b>	1 = Followed rules 0 = Did not follow rules					
<b>TOTAL SCORE</b>						

- A student must attend each day.
- A student should be on time at the start of class and after breaks for the entire session. Two tardies of no more than 5 minutes each are allowed for the week. Those tardies can be noted at the start of the day and breaks.
- A participant must get 24 out of 30 points or 80% and meet attendance requirement to successfully complete the class.

<b>ATTENDANCE:</b> <input type="checkbox"/> Met criteria <input type="checkbox"/> Did not meet criteria
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<b>SCORE:</b> <input type="checkbox"/> 80% or higher <input type="checkbox"/> Less than 80%
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<b>RESULT:</b> <input type="checkbox"/> Pass <input type="checkbox"/> Incomplete <input type="checkbox"/> Fail
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**Ethan Rickels,  
Kirkwood Community  
College (IA)**

**“The KPACE program has totally transformed my life. I'm no longer living paycheck to paycheck. I have a career that I'm proud of and without the KPACE program wouldn't have been possible.”**

**IMPACT:**

**Wage/ Employment Situation Prior to Enrollment: \$9.75/hr; 35+/week. No benefits.**

**Credentials/attained:**

- **Manufacturing Welding Certificate Program**
  - **Welding**
  - **Blue Print Reading & Fab Math**

**Employment Post training:**

- **Employer: Energy Manufacturing**
- **Start: 5/7/18**
- **\$19.41/hr**

- 1) Why did you pursuing training? What was life like for you before training?
  - Life for me before entering KPACE program, I was working for just over minimum wage, it really was a job with no future. Coupled with this, I was involved in the criminal court system with charges that made the possibility of developing a career even more remote.
- 2) What training did you pursue/complete? Manufacturing Welding Certificate Program
- 3) In what ways did you grow the most while enrolled in training/KPACE?
  - After enrolling in the program and once training started, I felt a sense of pride and hope for my future that I hadn't felt before. The training gave me the confidence that I'd have the skills necessary to perform any and all duties that come with my new career in welding.
- 4) What supports were the most impactful for you to complete training, earn a credential(s) and obtain employment?
  - My family and friends support helped but the most important was the support that came from Randy Knudson KPACE coordinator and instructor David Koch always felt comfortable going to either one of them with questions or concerns anytime throughout the program.
- 5) Where you obtain employment? Employer, salary/hourly wage, benefit?
  - a. **Employer: Energy Manufacturing**
  - b. **Start: 5/7/18**
  - c. **\$19.41/hr**
  - d. **Health, Dental, Vision, 401k; paid leave after one year.**
- 6) Other comments that tell the story about the value you obtained from training and support services.
  - The KPACE program has totally transformed my life. I'm no longer living paycheck to paycheck. I have a career that I'm proud of and without the KPACE program wouldn't have been possible. Thankful every day for the KPACE program and the people involved with it.